

WOMEN'S LEARN TO PLAY HOCKEY

The Bolton Ice Palace Women's Learn to Play Hockey program focuses on skill development without the pressure of competition. This is a progressive learn to play curriculum covering the games basic skills. Participants will learn proper skating, passing, puck control, and shooting. Players learn through participating in practice drills and informal scrimmages under the direction of USA Hockey Certified Coaches.

PROGRAM GOALS:

- A FUN SAFE AND POSITIVE EXPERIENCE
- DEVELOP BASIC HOCKEY SKILLS BASED ON SKATERS ABILITY

PROGRAM FOCUS:

- SKATING
- PASSING
- PUCK HANDLING
- SHOOTING

ELEGIBLE PARTICIPANTS:

- WOMEN AGED 16 AND OLDER
- FIRST TIME TO ADVANCED SKATERS

FEES:

- \$145 PER 8 WEEK SESSION
- \$25 PER WEEK DROP-IN

SCHEDULE:

MONDAY NIGHTS 9 TO 10 PM

SESSION ONE: 11/28/2011 to 1/16/2012, **SESSION TWO:** 1/23/2012 to 3/12/2012,

SESSION THREE: 3/19/2012 to 5/7/2012

Participants must be registered with USA Hockey and provide Bolton Ice Palace with your registration number.

All participants must have FULL HOCKEY equipment HELMET, MOUTH GUARD, NECK GUARD, HOCKEY GLOVES, ELBOW PADS, SHIN PADS, HOCKEY SKATES, HOCKEY STICK, SHOULDER PADS, HOCKEY PANTS

NAME _____ DOB _____

ADDRESS _____

PHONE # _____ Email _____

USA HOCKEY # _____ MEDICAL INSURANCE _____

EMERGENCY CONTACT _____ PHONE _____

WAIVER

It is fully understood that Bolton Ice Palace LLC, its officers, employees, and coaches assume no responsibility or liability for the injuries or loss of property which might occur during the above listed skating classes to any participant or spectator of the class. In consideration of the acceptance of this application, I, the undersigned, waive any claim or cause of action which might accrue against Bolton Ice Palace, LLC, its officers, employees, and coaches by reason of personal injuries, loss of or damage to property while at the Bolton Ice Palace. I understand the above statement and agree to this waiver

PRINT NAME _____

SIGNATURE _____

PARENT/GUARDIAN _____